



## Big Savings on Antihistamines

# San Francisco Electrical Workers Now Covers OTC Antihistamines For a \$0.00 Copay

San Francisco Electrical Workers has added over-the-counter antihistamines, Claritin, Alavert and Loratadine to their prescription drug coverage. Antihistamines are used to stop or prevent allergic reactions. Members will have a **\$0.00 copay** for these antihistamines. The changes to the plan were effective November 1, 2006

### Popular Antihistamine Medications are Now Available OTC

The Food and Drug Administration (FDA) has approved some popular prescription drugs to be sold over-the-counter (OTC). Most drug categories have a variety of medications for patients and physicians to choose from. OTC drugs are just as effective as brand-name drugs, but cost much less. Now that these medicines are available OTC, you can receive the medication for a \$0.00 copay.

### “How do I get the over-the-counter products?”

Have your physician write a prescription for the OTC medication just as they would for a regular prescription. Your pharmacist will fill the prescription with the OTC product and submit it to your insurance as a generic drug. To take advantage of the \$0.00 copay, you must still have a prescription for the OTC products. **Remember, choosing OTC products and generic drugs ensures that you will always have the lowest possible co-pay when having prescriptions filled.**

If you have any additional questions regarding OTC Antihistamines, please contact RxAmerica at 1-800-770-8014

If you are taking
Allegra
Allegra - D
Clarinex
Claritin
Claritin - D
Zyrtec
Zyrtec - D

### You can take the following Loratadine OTC Products

Claritin (D), Alavert (D) or Loratadine with Pseudoephedrine.